THE GRILL
BAR & RESTAURANT

BREAKFAST

Available 7am to 12pm

SOURDOUGH BREAKFAST BUNS

All served with Welsh tomato chutney and crispy Tater Tots
Gluten free roll available on request *(V,E)*

DRY SWEET CURED BACON *(W)* **8.95**
PLANT-BASED SAUSAGE *(V,W)* **8.95**
LOCAL PORK SAUSAGE *(W,SD)* **8.50**
TWO FRIED WELSH HEN'S EGGS *(V,W,E)* ... **7.50**

ADD:

DRY SWEET CURED BACON *(two rashers)* **2.50**
ONE FRIED WELSH HEN'S EGG *(V,E)* **1.50**
ONE LOCAL PORK SAUSAGE *(SD)* **2.00**

THE GRILL BREAKFAST **11.50**
Your choice of breakfast bun with any hot drink

Gluten Allergy: *(B) Barley, (O) Oats, (R) Rye, (SP) Spelt, (W) Wheat*

Nut (Tree Nut) Allergy: *(A) Almonds, (BN) Brazil nuts, (CN) Cashew nuts, (H) Hazelnuts, (PS) Pistachios, (PN) Pecan nuts, (WN) Walnuts*

Other Allergy: *(C) Celery, (CR) Crustaceans, (D) Dairy/milk, (E) Eggs, (F) Fish, (L) Lupin, (M) Molluscs, (MU) Mustard, (P) Peanuts, (SE) Sesame seeds, (S) Soya, (SD) Sulphur dioxide*

Lifestyle: *Plant-based, (V) Vegetarian*

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THE GRILL'S FULL WELSH 12.50

Two griddled sweet cured bacon rashers, one local pork sausage, one fried Welsh egg, grilled tomato, grilled flat mushroom and crispy Tater Tots, served with toasted white bloomer bread and Welsh butter *(W,R,B,E,D,S,SD,B)*

TOASTED BLOOMER BREAD 3.00

Two slices of toasted white *(V,W,R,S)* or brown *(V,W,B)* bloomer bread, with Welsh butter *(V,D)* or sunflower spread *(V)*

JAM & HONEY *(V) 28g* ..... 1.50 EACH

Choice of strawberry, raspberry, blackcurrant, apricot, orange or honey

BREAKFAST WAFFLES

MAPLE BACON & AVOCADO 10.00

Warm Belgian waffle topped with Welsh tomato chutney, avocado, dry sweet cured bacon and maple syrup drizzle *(W,S,E)*

APPLE & BLACKBERRY 7.50

Warm Belgian waffle topped with Braeburn apple and blackberry compote, tonka bean sauce and cinnamon sugar *(V,W,S,D,E)*

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies.

Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

THE GRILL
BAR & RESTAURANT

HOT DRINKS

WELSH ROASTED COFFEE

Made with beans roasted here in Wales

AMERICANO *(V,D)* **4.50**
SINGLE ESPRESSO *(V)* **4.50**
DOUBLE ESPRESSO *(V)* **5.50**
CAPPUCCINO *(V,D)* **5.50**
MOCHACCINO *(V,D)* **5.50**
MACCHIATO *(V,D)* **6.00**
CAFÉ LATTE *(V,D)* **5.50**
FLAT WHITE *(V,D)* **5.50**
MATCHA LATTE *(V,D)* **6.00**
ADD SYRUP FLAVOUR **1.50**

WELSH BREW TEA SELECTION 4.50

Welsh Brew Breakfast, Earl Grey, Peppermint, Decaf Breakfast, Cranberry & Raspberry, Green Tea, Lemon & Ginger, Mixed Berry, Chamomile

HOT CHOCOLATE (V,B,D) **5.50**