

THE  
**G R I L L**  
BAR & RESTAURANT



12<sup>th</sup> – 19<sup>th</sup> September 2025



## RESTAURANT WEEK

Three courses £35.00 per person

### To Nibble

*Optional course, supplement applies*

#### Grilled Lebanese Bread

£5.50

Houmous and sun-dried tomato tapenade (V,W,S,SE,SD)

### Starters

#### The Grill's House Rub Chicken Wings

Buffalo hot sauce (D,SD)

#### Oak Smoked Salmon and Orzo Pasta

Peas, broad beans and spinach in pesto cream sauce,  
Gran Levante cheese (F,W,D,SD,C)

#### Courgette and Pea Bruschetta

Sourdough bread, grilled courgettes, smashed peas  
and zesty plant-based whipped cream (V,W,B)

#### Caesar Salad

Romaine lettuce, herb croutons, anchovies, boiled egg,  
Gran Levante cheese, Caesar dressing  
(V,R,W,D,SD,MU,FE)

### Mains

#### British Rump Steak 8oz

Grilled field mushroom, peppercorn sauce, house fries  
and slaw (SD)

#### Spiced British Venison Rump

Masala sauce, raita, pomegranate and flatbread  
(W,S,D,SD,C)

#### Welsh Honey & Soy Marinated Chalke Stream Trout

New potatoes, Mediterranean vegetables, fennel, soy,  
sesame and honey dressing (F,W,S,SE)

#### Monty's Beefy Smash Burger

8oz chuck steak smashed beef burgers on a brioche  
bun, topped with Cheddar cheese, burger sauce,  
lettuce, gherkin and tomato, served with onion rings,  
Welsh tomato chutney, house fries and slaw  
(W,B,S,D,E,SD)

#### Fiocchi Pasta Parcel Filled with Cheese and Pear

Wilted spinach, toasted walnuts, basil oil (V,W,E,D,WN)

### Desserts

#### Blueberry Cheesecake

Berry compote, berry crumble, blueberry muffin  
ice cream (W,B,D,E,SD)

#### Chocolate Brownie

Berries, dairy free vanilla ice cream (V,S)

#### Welsh Honey & Rhubarb Panna Cotta

Poached rhubarb in pink peppercorn syrup, stem ginger  
shortbread (V,W,D)

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

**Gluten Allergy:** (B) Barley, (O) Oats, (R) Rye, (SP) Spelt, (W) Wheat  
**Nut (Tree Nut) Allergy:** (A) Almonds, (BN) Brazil nuts, (CN) Cashew nuts,  
(H) Hazelnuts, (PS) Pistachios, (PN) Pecan nuts, (WN) Walnuts  
**Other Allergy:** (C) Celery, (CR) Crustaceans, (D) Dairy/milk, (E) Eggs, (F) Fish,  
(L) Lupin, (M) Molluscs, (MU) Mustard, (P) Peanuts, (SE) Sesame seeds, (S) Soya,  
(SD) Sulphur dioxide