



Sandwiches

Served on your choice of white or brown bloomer bread (V,S,G), with sea salt crisps, rocket and red onion salad, balsamic glaze

Also available on gluten free white or brown bread (V,E)

Ham and Gem Lettuce with Mustard Mayonnaise (G,S,E,SD,Mu)	£8.50
Coronation Chicken with Lettuce, Tomato and Curried Mayonnaise (G,S)	£8.00
Smoked Salmon, Rocket and	

Dill Crème Fraiche (F,G,S,D,SD) £11.50

Avocado, Olive, Sun-Dried Tomato a

Pizza

nd Baby Spinach (V,G,S)

Stone baked pizza base (V,G) or gluten free base (V)

Margherita (V,G,D)	£14.00
Mozzarella cheese fresh tomato, tomato, and oregano sauce	۵

Chicken Tikka (G,D) £16.00 Chicken, coriander, onion, mozzarella, tomato and oregano sauce

Pepperoni (G,D) **£16.00**

Vegan Marinara Pizza (V,G,S) £17.00

Vegan cheese, vegan meatballs, peppers, cherry tomatoes

Mozzarella, pepperoni, tomato and oregano sauce

Artisan Bread

Artisan Bread Rolls with Welsh Butter (V.G.S.D.Se) £4.95

Light Bites & Starters

Soup of the Day (V) £5.50

With artisan bread (V,G,S,E,SD) or gluten free bread (V), butter (V,D) or sunflower spread (V)

Duck Liver Parfait (D,G,S) **£8.25** Salad, chutney and toast

Welsh Cured Smoked Salmon (F,D,SD,E,G) £10.50

Dill crème fraiche, cucumber, capers, blinis

Fried Calamari (M,G,D,E,SD,Mu) £8.50

Dijon cream and Baby Gem salad

British Greenhouse Salad (V,S,SD,Mu) £10.50

Gem lettuce, rocket, watercress, cherry tomatoes, red onion, cucumber, spiced plant-based strips, sherry vinaigrette dressing

Avocado Bruschetta (V,G,SD) £8.50

Avocado, cherry tomatoes, red onion, fire roasted red pepper

Main Courses

Celtic Cheeseburger (G,D,SD)

£17.00

Beef burger on a sourdough bun topped with mature Cheddar, bacon, dill gherkins, tomato and gem lettuce, served with fries

8oz British Sirloin Steak £33.00

Garlic roasted mushroom, tomato, rocket, watercress and shallot salad. served with fries

Roasted Salmon Fillet (F,M,D,C) £19.50 Sweetcorn and cockle chowder

Pan Fried British Reared Chicken Breast (D,SD) £18.50
Roasted garlic, mushrooms, peas and pancetta

Asian Spiced Pork Belly (SD,D) £18.50

Garlic mash, fine beans, sautéed mushrooms, ginger jus

Ras El Hanout Ratatouille (V,C) £18.50

Ras El Hanout Ratatouille (V,C) £18.50
Quinoa tabbouleh, green bean and mint salsa

Sauces

£9.00

BBQ (V)	£3.50
Black Pepper with Cognac (D,SD)	£3.50
Wild Mushroom Sauce (V,D,SD)	£3.50

Desserts

Vegan Chocolate Brownie (V,S)	£7.50
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Raspberry and mint compote, vegan whipped cream

Baked Salted Caramel Cheesecake (V,E,D,S,G) **£7.00** Chocolate soil, caramelised banana, banana ripple cream

Vanilla Panna Cotta (V,D) £7.50

With marinated strawberries

Welsh Cheese Selection (V,G,D,C) £11.95

Perl Las, Perl Wen, Caerphilly and Pant-Ys-Gawyn goat's cheese, served with artisan crackers, celery, grapes and chutney

A tray charge of £4.95 applies to all orders.





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Ham and Gem Lettuce Mustard Mayonnaise (G,S,E,Mu) £8.50 £8.00 Coronation Chicken with Lettuce, Tomato and Curried Mayonnaise (G,S) £8.00

Avocado, Olive, Sun-Dried Tomato and Baby Spinach (V,G,S)

Wraps

Served on soft tortilla with sea salt crisps

Mozzarella, Basil Pesto and Sun Blushed Tomato with Rocket (V,G,D,SD) £9.50 Houmous, Falafel and Fire Roasted Peppers (V,G,Se) £7.50

Light Bites

Soup of the Day (V,C) £5.50

With artisan bread (V,G,S,D,Se) or gluten free bread (V,E), butter (V,D) or sunflower spread (V)

£9.50 Welsh Cured Smoked Salmon (F,D,SD,E,G)

Dill crème fraiche, cucumber, capers, blinis

Charcuterie Platter (G,D,SD,Mu) £10.95

Selection of cured meats, pickles, artisan crackers, chutney and olives

Desserts

£6.55 Vegan Chocolate Brownie (V,S,N)

Raspberries, vegan whipped cream

£11.95 Welsh Cheese Selection (V,G,D,C)

Perl Las, Perl Wen, Caerphilly and Pant-Ys-Gawn goat's cheese, served with artisan crackers, celery, grapes and chutney