

BREAKFAST MENU

FROM THE BUFFET

Guests on a bed and breakfast inclusive stay may choose from all items below

FRESH FRUIT JUICES (V)

Orange, grapefruit, cranberry, apple, tomato juice

CEREALS

Cornflakes (V,G), Rice Krispies (V,G), Coco Pops (V,G,S), Weetabix (V,G), Semi-skimmed milk (V,D), soya milk (V,S), almond milk (V,N)

BAKERY SELECTION

Croissants (V,G,D,E), cinnamon swirl (V,G,D,E), apricot crown (V,G,D,E), pain au chocolat (V,G,D,E,S), almond custard (V,G,D,E,N), assorted artisan bread loaves (V,G)

SELECTION OF FRESH AND PRESERVED FRUIT (V)

Melon, orange, grapefruit, pineapple, stewed prunes (SD), pears, peaches and fruit salad

CHEESE SELECTION (V.D)

Welsh cheddar, brie, Emmental, smoked cheese

SLICED MEAT SELECTION (SD)

Continental cold cuts and ham, pickles

FISH SELECTION (F.G.D)

Wye Valley smoked salmon with traditional accompaniments, capers, horseradish cream

YOGHURT

Llaeth Y Llan natural and fruit yoghurt (V,D), soya yoghurt (V,S)

BIRCHER MÜESLI (V,D,SD)

With Welsh honey, apple, pear and Welsh yoghurt

WELSH BLOOMER TOAST

Your choice of white (V,G) or granary (V,G) with Welsh butter (V,D) or spread (V)

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers. (V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard, (Se) Contains sesame seeds, (SD) Contains sulphur dioxide, (L) Contains lupin.

BREAKFAST À LA CARTE

Guests on a bed and breakfast inclusive stay may choose from all items below

FULL WELSH BREAKFAST (E)

Two hen's eggs cooked to your liking, locally made pork sausage, Welsh sweet dry cured back bacon, baked beans, baked flat mushrooms, baked tomatoes, sautéed 'Tatws Pum Munud' potatoes

FULL VEGETARIAN BREAKFAST (V,G,D,E,Mu)

(Vegan option also available)

Two hen's eggs cooked to your liking, Welsh Glamorgan sausages, baked beans, baked flat mushrooms, baked tomatoes, sautéed 'Tatws Pum Munud' potatoes

CELTIC BREAKFAST (G,S,D,E,SD)

Two poached eggs served on a toasted muffin with local ham or smoked salmon (F), hollandaise sauce, sautéed 'Tatws Pum Munud' potatoes

STEAK ON SIX SIGNATURE BREAKFAST (E)

£6.50 supplement

6oz Scottish rump steak, two hen's eggs cooked to your liking, locally made pork sausage, Welsh sweet dry cured back bacon, sautéed 'Tatws Pum Munud' potatoes

BREAKFAST ADD ONS

Baked beans (V)

Baked flat mushroom (V,D)

Baked tomato (V)

Black pudding (G)

SWEET BREAKFAST TREATS

BUTTERMILK PANCAKES (G,D,E,S)

£3.50 supplement

Blueberry compote and maple syrup

BELGIAN WAFFLE (G,S,D,E)

£3.50 supplement

Chantilly cream and maple syrup

BREAKFAST BEVERAGES

WELSH ROASTED COFFEE

Filter, cappuccino, single espresso, latté or decaffeinated

WELSH BREW TEA

Traditional Breakfast, Earl Grey, Assam, Darjeeling, fruit and herbal Infusions

