



Breakfast Menu

FROM THE BUFFET

Guests on a bed and breakfast inclusive stay may choose from all items below

Fruit Juices (V)

Fresh orange, grapefruit, cranberry, apple and tomato juice

Cereals

Cornflakes (V,G), Rice Krispies (V,G), Coco Pops (V,G,S), Weetabix (V,G)
Semi-skimmed milk (V,D), soya milk (V,S), almond milk (V,N)

Bakery Selection

Croissants (V,G,D,E), cinnamon swirl (V,G,D,E), apricot crown (V,G,D,E),
pain au chocolat (V,G,D,E,S), almond custard (V,G,D,E,N)

Selection of Fresh and Preserved Fruit (V)

Melon, orange, grapefruit, pineapple, pears and peaches

Cheese Selection (V,D)

Sliced Meat Selection (SD)

Continental cold cuts and ham

Llaeth y Llan Yoghurt

Natural (V,D) and fruit (V,D)

Welsh Bloomer Toast

Your choice of white (V,G) or granary (V,G) with Welsh butter (V,D)
or spread (V)

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

(V) Vegetarian, (G) Contains gluten, (D) Contains dairy/milk, (N) Contains nuts, (P) Contains peanuts, (E) Contains egg, (F) Contains fish, (Cr) Contains crustaceans, (M) Contains molluscs, (S) Contains soya, (C) Contains celery, (Mu) Contains mustard, (Se) Contains sesame seeds, (SD) Contains sulphur dioxide, (L) Contains lupin.

BREAKFAST À LA CARTE

Guests on a bed and breakfast inclusive stay may choose from all items below

Full Welsh Breakfast (E,D,SD)

Sweetcured bacon, pork sausage, baked beans, grilled tomatoes, black pudding, sautéed potatoes, button mushrooms, fried or poached eggs

Full Vegetarian Breakfast (V,G,D,E,Mu)

(Vegan option also available)

Welsh Glamorgan sausage, baked beans, button mushrooms, grilled tomatoes, sautéed potatoes, fried or poached eggs

Celtic Eggs Benedict (G,S,D,E,SD)

Two poached eggs served on a toasted muffin with local ham and hollandaise sauce

Buttermilk Pancakes (G,D,E,S) *£3.50 supplement*

Blueberry compote

Belgian Waffle (G,S,D,E) *£3.50 supplement*

Maple syrup

BREAKFAST BEVERAGES

Welsh Roasted Coffee

Filter, cappuccino, single espresso, latté or decaffeinated

Welsh Brew Tea

Traditional Breakfast, Earl Grey, Assam, Darjeeling, fruit and herbal infusions

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