



One cannot think well,  
love well, sleep well,  
if one has not

*dined well*

*Virginia Woolf, Novelist*

VALENTINE'S  
MENU

# love well dine well

## STARTERS

### Chicken Parfait

Orange beetroot chutney, pickled carrot, rhubarb, brioche  
(E,D,W,SD)

### Smoked Beet Tartare

Fresh horseradish, dairy free almond pesto, shards of seaweed,  
micro herbs (V,A)

### Smoked Applewood Cheese Croquettes

Tomato ragu, Tiny Rebel beer pickled onions, pea shoot salad  
(W,D,E,SD,MU)

### Leek & Pembrokeshire Potato Velouté

Crispy leek, charred corn, parsley oil, focaccia (V,D,W)

### Aber Falls Gin Cured Salmon

Red cabbage gravlax, caper berries, horseradish, apple  
(F,D,E,MU)

## MAIN COURSES

### Welsh Sirloin Steak with Peppercorn Sauce

Halen Môn salted chunky chips, roasted tomato, flat field  
mushroom (D,SD)

### Welsh Lamb Rump

Braised hot pot, baby root vegetables, carrot purée (W,D,SD)

### Hake

Parsnip, pancetta, sprouting broccoli (F,D)

### Wild Mushroom Risotto

White truffle oil, sautéed garlic mushrooms, basil oil (V)

### Roasted Salmon

Steamed mussels, saffron buttered potatoes, samphire, chorizo  
crumb, cream sauce (F,M,SD,D)

## DESSERTS

### Double Orange Chocolate Brownie

Cherry sorbet, winter berries, white chocolate (V,W,S,D,E)

### Date & Ginger Pudding

Toffee sauce, clotted cream ice cream, candied orange (V,E,D,W)

### Treacle Tart

Chocolate sauce, dairy free vanilla ice cream (V,W,SD)

### Apple Crumble

Cinnamon crumb, salted caramel ice cream (V,W,O,D)

A discretionary 10% service charge will be added to your bill.

Please advise us of any food allergies. Whilst every care is taken, we cannot guarantee that our kitchens are an allergen free environment, nor can we guarantee the processes used by our ingredient manufacturers.

**Gluten Allergy:** (B) Barley, (O) Oats, (R) Rye, (SP) Spelt, (W) Wheat

**Nut (Tree Nut) Allergy:** (A) Almonds, (BN) Brazil nuts, (CN) Cashew nuts, (H) Hazelnuts, (PS) Pistachios, (PN) Pecan nuts, (WN) Walnuts

**Other Allergy:** (C) Celery, (CR) Crustaceans, (D) Dairy/milk, (E) Eggs, (F) Fish, (L) Lupin, (M) Molluscs, (MU) Mustard, (P) Peanuts, (SE) Sesame seeds, (S) Soya, (SD) Sulphur dioxide

**Lifestyle:**  Plant-based, (V) Vegetarian